MINISTRY OF EDUCATION AND TRAINING

**LAC HONG UNIVERSITY**

**COURSE OUTLINE**

**< 102003 – PHYSICAL EDUCATION 2>**

## GENERAL INFORMATION

| Course name (Vietnamese): | Giao duc the chat 2 |
| --- | --- |
| Course name (English): | Physical Education 2 |
| Course ID: | 102003 |
| Types: | General |
| Faculty/ Department: | Physical Education |
| Master Lecturer: | Deo Dang Khoa  Email: deodangkhoa@gmail.com |
| Lecturer participating in: | Phan Van Dao  Ly Quoc Hien |
| Number of credits: | 1 |
| Theory: | 4 periods |
| Practice: | 26 periods |
| Self-study: | 00 periods |
| Speciality: | Obligatory to students |
| Prerequisite course: | Physical Education 1 |
| Previous course: | No |

1. **COURSE DESCRIPTION**

Students continue following the chosen subject in Physical Education 1.

1. **COURSE LEARNING OUTCOMES**

**Table 1: Course Learning Outcomes (CLOs)**

| **Course Learning Outcomes (CLOs)** | **Course Learning Outcomes Content** | **Bloom domain/Bloom level** | **Program Learning Outcomes PLOs/SOs/PI (\*)** |
| --- | --- | --- | --- |
| CLO1 | Applying the methods of sports training into real life | Knowledge (3) | PI1.1 |
| CLO2 | Performing the demanded techniques of each subject | Skills (3) | PI5.1 |
| CLO3 | Practicing and competing in groups | Attitude (2) | PI7.1 |

| **4.** | **COURSE CONTENT, LESSON PLAN** |
| --- | --- |

**Table 2: Course Content, Lesson Plan**

| **Week** | **Lesson/**  **Chapter** | **Name/Chapter** | **Lesson Learning Outcomes (LLO)** | | | **Lecture and Study activities** | | **Teaching methods** | | **Assessment methods** | **References (\*)** | |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 1 | Unit 1 | - Rehearsing the techniques learned in the previous course.  - Movement techniques in ball study | LLO1.1 | | Presenting the history of foundation and development of the course, the positive effects of Physical Education | Lecturer teaches, analyzes, demonstrates and interacts with students.  Study in class:  - Students listen, ask questions.  - Students observe and redo the movements. | | Lecture  Demonstration | | Practicum test  Observation | **[1]** | |
| 2 | Unit 2 | - Movement techniques in ball study | LLO2.1 | | Applying knowledge of ball study movement techniques into real life | Lecturer teaches, analyzes, demonstrates and interacts with students.  Study in class:  - Students listen, ask questions.  - Students observe and redo the movements. | | Lecture  Demonstration  Drill and Practice | | Practicum test  Observation | **[1]** | |
| LLO2.2 | | Performing movement techniques |
| 3 | Unit 3 | - Movement techniques in ball study  - Some basic rules | LLO3.1 | | Performing movements in ball study | Lecturer analyzes, interacts with students.  Study in class:  - Students complete the movements.  - Students apply techniques and rules into tournaments . | | Lecture  Demonstration  Drill and Practice | | Practicum test  Observation | **[1]** | |
| LLO3.2 | | Performing movement techniques |
| 4 | Unit 4 | - Completing techniques  - Applying techniques to tournament | LLO4.1 | | Practicing to compete in groups | Lecturer analyzes some basic tactics, interacts with students.  Study in class:  - Students complete the movements.  - Students apply tactics learned into tournaments . | | Lecture  Demonstration  Drill and Practice | | Practicum test  Observation | **[1]** | |
| 5 | Unit 5 | - Completing techniques  - Applying techniques to tournament | LLO5.1 | | Practicing to compete in groups | Lecturer analyzes some basic tactics, interacts with students.  Study in class:  - Students complete the movements.  - Students apply tactics learned into tournaments . | | Lecture  Demonstration  Drill and Practice | | Practicum test  Observation | **[1]** | |
| 6 | Unit 6 | - Completing techniques  - Applying techniques to tournament | LLO6.1 | | Practicing to compete in groups | Lecturer analyzes some basic tactics, interacts with students.  Study in class:  - Students complete the movements.  - Students apply tactics learned into tournaments . | | Lecture  Demonstration  Drill and Practice | | Practicum test  Observation | **[1]** | |

| **5.** | **MAPPING OF LESSON AND COURSE LEARNING OUTCOMES** |
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**Table 3: Mapping of Lesson and Course Learning Outcomes**

| Lesson Learning Outcomes | Course Learning Outcomes | | | **Evaluation Component** |
| --- | --- | --- | --- | --- |
| **CLO1** | **CLO2** | **CLO3** |
| **LLO1.1** | X |  |  | A1 |
| **LLO2.1** | X |  |  | A1 |
| **LLO2.2** |  | X |  | A2, A3 |
| **LLO3.1** |  | X |  | A2, A3 |
| **LLO3.2** |  | X |  | A2, A3 |
| **LLO4.1** |  |  | X | A1, A2 |
| **LLO5.1** |  |  | X | A1, A2 |
| **LLO6.1** |  |  | X | A1, A2 |

| **5.** | **COURSE ASSESSMENT** |
| --- | --- |

**Table 4: Course Assessment**

| **Evaluation Component** | **Assessment** | **CLOs** | **Percentage (%)** |
| --- | --- | --- | --- |
| A1. Process | - Participating in lesson construction  - Class exercises  - Discussion, following the requested content | CLO1, CLO3 | *30%* |
| A2. Mid-term | Organizing the tournament in groups | CLO2, CLO3 | *30%* |
| A3. Final | Doing test by performing movements | CLO2 | *40%* |

| **6.** | **COURSE REQUIREMENTS AND EXPECTATIONS** |
| --- | --- |

* Obeying all requirements of the course outline.
* Arriving on time and making sure to be 80% time in the course.
* Students have to bring ID cards during the course and examination.
* Students have to wear sport uniforms according to University’s regulations.
* Preparing study equipment for practice.

| **7.** | **STUDY REFERENCES** |
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**Textbook**

[1]. Giao trinh bong da truong Dai Hoc Lac Hong, Luu hanh noi bo.

**References**

**[**1] Nguyen Duy Quyet, Ho Dac Son (2023), Giao duc the chat bong da, NXB Giao duc Viet Nam

[2] Nguyen Tien Lam - Nguyen Tien Phong (Dong Chu Bien) - Nguyen Nam Ha - Bui Minh Tan - Nguyen Ngoc Bin (2023), Giao Trinh Giao Duc The Chat, NXB Dai hoc Thai Nguyen

| **8.** | **SOFTWARE OR SUPPORTING EQUIPMENTS FOR PRACTICE** |
| --- | --- |

1. Balls
2. Practice yard
3. Other supporting equipments

**General rules:**

| **Abbreviation** | **Description** |
| --- | --- |
| **PLO/SO** | Program Learning Outcomes/ |
| **PI** | Performance Indicators |
| **CLO** | Course Learning Outcomes |
| **LLO** | Lesson Learning Outcomes |

| **Head of Major/ Head of Faculty** | Dong Nai, April 27th 2023  Responsible lecturer  (sign and write full name)  Deo Dang Khoa |
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